## Centre Pour la Promotion de la Santé & le Bien être



Un Concept Suède Cameroun B.R: 16355 Yaoundé Cameroun

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Sport- Bibliothèque interactive- Suivi alimentaire- Développement personnel- Massage- Prise des paramètres (poids, taille, tension, glycémie, tour de taille / hanche, plis cutanés, taux de graisse, alcoolèmie) mesure de l'activité physique- mesure des calories

Date	topic	Location/age	Frequent Questions
1/12/12	computer	Office, 2G/1B	Functions of each programs.
		15-19years	What do you know about a computer?
			Type, save and create a file
3/12/12	Alcoholism	office	Effects of alcoholism.
		4F-6M(18-28yrs)	How many percent of alcohol does the body need?
5/12/12	English class	Office	Tenses: simple Present tense, past tense, presents
		2G/1B	continuous tense.
		15-19years	Differences between present and present
			continuous tense.
6/12/12	Breast ironing	Office 5G/2B	Why should a mothers iron girls breast?
		(22-35 years)	Does breast ironing resolve the problem?
7/12/12	puberty	Office, 5G/2B,	When you hear of puberty, what comes to your
		(22-35 years)	mind?
			What are your experiences during this age?
8/12/12	Rape	7F-3M(16-	What are the causes of rape in Cameroon?
		40years)	Is it practice in marital homes?
12/12/12	System of education both	Office	Differences in education.
	in Europe and Cameroon	3boys(18-22yrs)	Method of learning and not repeating a class.
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13/12/12	Conscience/ conscious	Office	Does a human being conscious of his/her arts?
		2B/2G(18-	
		30years)	
15/12/12	English class	Office, 2	Continuation of tenses.
		15-19year	
17/12/12	Computer	Office	How to type and save programs.
		3kids/4B/5G	
		(13-18yrs)	
18/12/12	Abortion	2women(30-	Definition of an abortion.
		40years)	Types of abortion.
			Consequences of an abortion.
18/12/12	STI(Hepatitis B)	Office, 4W/1M	Treatments, necessity of vaccination, idea of
		26-40years	Hepatitis, how can it be avoided,
		5	
18/12/12	What is alcohol	Office, 3M/2G	What are the consequences of alcohol?
			Benefits of alcohol and the risk.
		15-45years	
19/12/12	Ways of life in Europe	Office, 3boys,	How is life in Europe?
	initiativo -	18-37years	When is a child free to do what he/she wish?

19/12/12	How to say 'NO'	Office,3M/4W	Why do we say 'NO' and not 'YES'?
		18-47years	
27/12/12	Self-confidence,	Office, 4W/3M	If your enemy is lying on the ground and almost to
	Computer and English classes	18-47years	die, will you help him in that situation? How to create Email accounts and how to check information like news, advertisement and diseases
28/12/12	How to avoid Anxiety	Office, 3W/2M	What is anxiety?
		18-47years	When you're anxious, what do you do? How can you control or get rid of anxiety?
29/12/12	Self-confidence	Office, 4W/3M	How can a person have confidence in himself?
		18-47years	What causes lack of confidence? The consequences of not having confidence.
31/12/12	Hospital(orphan),Positive	Office, 3W/2M	Pains on the neck and the throat.
	thinking	16-37years	The impacts of been positive in your ideas. The future possibilities when you think positivity.